

# naturespa

## May Fitness

monday	tuesday	wednesday	thursday	friday	saturday	sunday
<b>Class \$12</b> <b>Class 10/\$80</b> <b>Monthly</b> <b>Unlimited</b> <b>\$100</b>		<b>1</b> 9a gentle yoga  530 yoga	<b>2</b>  530 grateful yoga	<b>3</b>  430 yoga	<b>4</b> 9a yoga  4p yoga	<b>5</b> 9a yoga 11am Yoga <i>Restorative</i>  4p yoga
<b>6</b> <b>Facility Closed</b>	<b>7</b> <b>Facility Closed</b>	<b>8</b> <b>Facility Closed</b>	<b>9</b> <b>Facility Closed</b>	<b>10</b> <b>Facility Closed</b>  430 yoga	<b>11</b> 9a yoga  4p yoga	<b>12</b> 11am Yoga  4p yoga
<b>13</b>  530p BootCamp	<b>14</b> 1030 aquafit  6p yoga	<b>15</b> 9a gentle yoga  530 yoga	<b>16</b> 1030a aquafit  530 grateful yoga	<b>17</b>  430 yoga	<b>18</b> 9a yoga 11am Yoga <i>Restorative</i> 11a aquafit 4p yoga	<b>19</b> 9a yoga  4p yoga
<b>20</b>  530p BootCamp	<b>21</b> 1030 aquafit  6p yoga	<b>22</b> 9a gentle yoga  530 yoga	<b>23</b> 1030a aquafit  530 grateful yoga	<b>24</b>  430 yoga	<b>25</b> 9a yoga 11a aquafit  4p yoga	<b>26</b> 9a yoga  4p yoga
<b>27</b>  530p BootCamp	<b>28</b> 1030 aquafit  6p yoga	<b>29</b> 9a gentle yoga  530 yoga	<b>30</b> 1030a aquafit  530 grateful yoga	<b>31</b>  430 yoga		<b>Class \$12</b> <b>Class 10/\$80</b>  <b>Monthly</b> <b>Unlimited</b> <b>\$100</b>