

**STRESS LESS FITNESS MARCH**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Look Good Feel Great</b> Fitness class \$12 10 classes/\$80 Monthly \$100</p>			<p><b>1</b> 7a Piyo 9a gentle yoga  5pm grateful yoga</p>	<p><b>2</b> 1030a aqua fit 11a yoga  530p core strength</p>	<p><b>3</b> 9am yoga  4:30p yoga</p>	<p><b>4</b> 9a yoga 11a yoga 11a aqua fit 2p yoga</p>
<p><b>5</b> 9a yoga 11a yoga 11a aqua fit 2p yoga</p>	<p><b>6</b> 11a yoga  5p yoga</p>	<p><b>7</b> 630a core strength 1030a aquafit 11a yoga  430 Piyo 6p yoga</p>	<p><b>8</b> 7a Piyo 9a gentle yoga  5pm grateful yoga</p>	<p><b>9</b> 1030a aqua fit 11a yoga  530p core strength</p>	<p><b>10</b> 9a yoga  4:30p yoga</p>	<p><b>11</b> 8a core strength 9a yoga 11a yoga 11a aqua fit 2p yoga 4p yoga</p>
<p><b>12</b> 9a yoga 11a yoga 11a aqua fit 2p yoga</p>	<p><b>13</b> 11a yoga  5p yoga</p>	<p><b>14</b> 630a core strength 1030a aquafit 11a yoga  430 Piyo 6p yoga</p>	<p><b>15</b> 7a Piyo 9a gentle yoga  5pm grateful yoga</p>	<p><b>16</b> 1030a aqua fit 11a yoga  530p core strength</p>	<p><b>17</b> 9a yoga  4:30p yoga</p>	<p><b>18</b> 8a core strength 9a yoga 11a yoga 11a aqua fit 2p yoga 4p yoga</p>
<p><b>19</b> 9a yoga 11a yoga 11a aqua fit 2p yoga</p>	<p><b>20</b> 11a yoga  5p yoga</p>	<p><b>21</b> 630a core strength 1030a aquafit 11a yoga  430 Piyo 6p yoga</p>	<p><b>22</b> 7a Piyo 9a gentle yoga  5pm grateful yoga</p>	<p><b>23</b> 1030a aqua fit 11a yoga  530p core strength</p>	<p><b>24</b> 9am yoga  4:30p yoga</p>	<p><b>25</b> 8a core strength 9a yoga 11a yoga 11a aqua fit 2p yoga 4p yoga</p>
<p><b>26</b> 9a yoga 11a yoga 11a aqua fit 2p yoga</p>	<p><b>27</b> 11a yoga  5pm yoga</p>	<p><b>28</b> 630a core strength 1030a aquafit 11a yoga  430 Piyo 6p yoga</p>	<p><b>29</b> 7a Piyo 9a gentle yoga  5pm grateful yoga</p>	<p><b>30</b> 1030a aqua fit 11a yoga  530p core strength</p>	<p><b>31</b> 9am yoga  4:30p yoga</p>	<p><b>Look Good Feel Great</b> Fitness class \$12 10 classes/\$80 Monthly \$100</p>