

naturespa

August Fitness

monday	tuesday	wednesday	thursday	friday	saturday	sunday
<p>Class \$12 Class 10/\$80</p> <p>Monthly Unlimited \$100</p>		<p>1 630a yoga/hike 9a gentle yoga</p> <p>5pm aquakick 530 yoga</p>	<p>2 630a yoga/hike 1030a aquafit</p> <p>530 grateful yoga</p>	<p>3 630a yoga/hike</p> <p>430 yoga</p>	<p>4 9a yoga 11a aquafit</p>	<p>5 9a yoga</p> <p>4pm yoga</p>
<p>6 630a yoga/hike</p> <p>5pm aquakick 530p gym class</p>	<p>7 630a yoga/hike</p> <p>1030a aquafit 6p yoga</p>	<p>8 630a yoga/hike 9a gentle yoga</p> <p>5pm aquakick 530 yoga</p>	<p>9 630a yoga/hike 1030a aquafit</p> <p>530 grateful yoga</p>	<p>10 630a yoga/hike</p> <p>430 yoga</p>	<p>11 9a yoga 11a aquafit</p>	<p>12 9a yoga</p> <p>4pm yoga</p>
<p>13 630a yoga/hike</p> <p>5pm aquakick 530p gym class</p>	<p>14 630a yoga/hike</p> <p>1030a aquafit 6p yoga</p>	<p>15 630a yoga/hike 9a gentle yoga</p> <p>5pm aquakick 530 yoga</p>	<p>16 630a yoga/hike 1030a aquafit</p> <p>530 grateful yoga</p>	<p>17 630a yoga/hike</p> <p>430 yoga</p>	<p>18 9a yoga 11a aquafit</p>	<p>19 9a yoga</p> <p>4pm yoga</p>
<p>20 630a yoga/hike</p> <p>5pm aquakick 530p gym class</p>	<p>21 630a yoga/hike</p> <p>1030a aquafit 6p yoga</p>	<p>22 630a yoga/hike 9a gentle yoga</p> <p>5pm aquakick 530 yoga</p>	<p>23 630a yoga/hike 1030a aquafit</p> <p>530 grateful yoga</p>	<p>24 630a yoga/hike</p> <p>430 yoga</p>	<p>25 9a yoga 11a aquafit</p>	<p>26 9a yoga</p> <p>4pm yoga</p>
<p>27</p> <p>5pm aquakick 530p gym class</p>	<p>28</p> <p>1030a aquafit 6p yoga</p>	<p>29 9a gentle yoga</p> <p>5pm aquakick 530 yoga</p>	<p>30 1030a aquafit</p> <p>530 grateful yoga</p>	<p>31 630a yoga/hike</p> <p>430 yoga</p>		<p>Class \$12 Class 10/\$80</p> <p>Monthly Unlimited \$100</p>