



naturespa

FALL SPECIALTIES

SEASONAL SPECIALTIES

Seasonal Organic Facial

Herbal cleanser, sweet milk, pumpkin, and oat exfoliate, honey-yogurt mask, and nourishing facial massage.

\$140 / 50 minutes

Rejuvenating Herbal Therapy

Warm your spirits and boost your immune system; wrap and massage of clove, cinnamon, cardamom body polish and ginger-lemongrass massage.

\$225 / 80 minutes

Natural Beauty

Herbal head-to-toe beautifier; organic, green chai tea body polish, botanical massage, and seasonal facial.

\$295 / 110 minutes

MOVING MEDITATIONS

Naturespa Day

Create a custom spa day; select from our daily offerings of yoga, aquakick, guided hikes, massages, and facials.

Group Discounts Available

Woodland Walk

Embark on a journey of personal reflection. Immerse yourself in the silent healing power of nature. The art of observation will open your heart to the beauty that surrounds you, inspiring a fresh perspective.

\$45 / 60 minutes

Wilderness Fitness Hike

Climb the mountain as you fall into a rhythmic heartbeat that invigorates youthful vitality while enjoying amazing vistas.

\$55 / 60 minutes

Guided Meditation Massage

Learn to meditate with a soundtrack of guided imagery while skilled hands lull you into deep relaxation.

\$135 / 50 minutes

Sketching in Nature

Learn how to see – use a pencil to connect with the graceful beauty of untouched living things through the quiet meditation of drawing.

\$225 / 80 minutes

SVA Yoga

Private yoga therapy session.

\$225 / 80 minutes